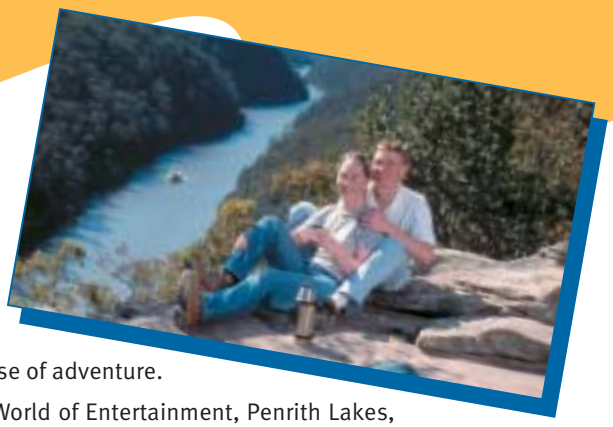
Penrith Valley

Your Lifestyle Destination



Penrith is immediately recognised by its natural setting, the finest in Western Sydney. Its Western edge is defined by the flow of the Nepean River and the rise of the world renowned Blue Mountains. The river flows through the tranquil Nepean Gorge, one of the most spectacular sights in Australia. Areas of bush land and rural and historical landscapes abound, adding to its character and sense of adventure.

Penrith Valley is becoming a major lifestyle destination supported by Panthers World of Entertainment, Penrith Lakes, the International Regatta Centre, Penrith Whitewater Stadium and the Nepean River. It offers a unique lifestyle that is built on harmonising its urban and rural qualities unmatched in the Western Sydney region. It boasts the cosmopolitan and cultural lifestyle of a mature city and the casual character and charm of a rural community.

As a mature city, Penrith offers the lifestyle of an international destination filled with adventure, cultural activities, shopping, entertainment, sporting and leisure facilities, for you, your family and friends.

Culture and Entertainment

The cultural and entertainment facilities in Penrith are unrivalled in Western Sydney. Whether you are looking to go to the theatre or a game of rugby league to cheer the City's favourite sporting heroes, the ***Penrith Panthers***, we offer a variety of choices to fill your nights and weekends and to keep your guests and business associates entertained.

- ***Joan Sutherland Performing Arts Centre***
  The Entertainment Centre that caters for all musical tastes.
- ***Q Theatre***
  Enjoy a variety of live performances.
- ***Penrith Regional Gallery & the Lewers Bequest***
  Sydney's leading Regional Gallery.
- ***Panthers World of Entertainment***
  Panthers provide a wide variety of attractions to suit your every need including entertainment, sporting activities, special events, restaurants and accommodation.
- ***Museum of Fire***
  Explore the fascinating history of fire fighting services.
- ***River Cruises***
  Cruise the spectacular Nepean Gorge in the Blue Mountains on the Nepean Belle Paddlewheeler and its sister vessel The Penrith Platypus.
- ***Sun Masamune Sake Brewery***
  Taste and buy Japan style Sake made here in Penrith from Australian rice.
- ***International Regatta Centre***
  Relax and enjoy the picnic and BBQ facilities of this International rowing and canoeing facility built for the 2000 Sydney Olympics.
- ***Muru Mittigar***
  Aboriginal Cultural & Education Centre – local history relayed through paintings and Aboriginal crafts.
- ***Historic Mamre Homestead***
  Relax and enjoy the peaceful country atmosphere of our fully restored 1820's tearoom and restaurant.
- ***Vicary's Winery***
  Relax and enjoy our wine tasting, relaxing wine gardens, woolshed dances, picnic grounds and barbeque facilities.
- ***Great Restaurants***
  A suite of fine dining to suit your every taste and palate and for entertaining your family, friends and business associates.
- ***Hoyts Cinema Complex***
  The Greater West's premier movie venue
- ***School of Performing Arts, UWS***
  UWS Nepean provides significant performance in Dance Theatre Music and Education.

PENRITH VALLEY
River Mountains Lakes

Adventure

Whether it is extreme sports such as rafting and rock climbing for the daring or a family fun filled day out in the local wilderness to round off a hectic week in the office, Penrith gives you these choices close to home.

The gentle flow and picturesque surroundings of the Nepean River creates one of Penrith Valley's most popular and favourite outdoor adventure playgrounds all year round. Choose from a wide range of adventure themes which suit your business and personal lifestyles.

- ***Horse Riding***
- ***Rock Climbing***
  (indoor & outdoor Rock Climbing)
- ***Water Sports***

Sporting

The City's international sporting facilities are widely used by both professional and elite sports people as well as the residents of Penrith and greater Sydney. A range of sporting activities are on offer across the City for the whole family all year round.

- ***Ripples Aquatic Centre***
- ***Penrith Whitewater Stadium***
  (a legacy of the 2000 Sydney Olympics)
- ***International Regatta Centre***
  (a legacy of the 2000 Sydney Olympics)
- ***Penrith Swimming Centre***
- ***Penrith Golf & Recreation Club***
- ***Glenmore Heritage Valley and Golf Club***
- ***Tennis courts***
- ***Rugby***
- ***Soccer***
- ***Basketball***

Health Facilities

As a major metropolitan centre, Penrith offers a full range of medical and associated facilities and services to meet all your everyday and unexpected medical needs and those of your family, including the very best in care for the sick and the elderly.

The Nepean hospital which is a teaching hospital of Sydney University and the Nepean Private Hospital use leading edge technology, specialist rehabilitation facilities and medical specialists to provide the best services expected in a modern city such as Penrith. The Nepean hospital has 26 specialist areas including cancer care, coronary heart care, day surgery, diabetes, geriatrics and endoscopy. The work of the hospital is supplemented by a range of private health specialists and facilities in the City.

Care facilities such as aged care accommodation are available in Penrith including six nursing homes, four assisted care/hostels and five self care centres.

Housing

We offer a wide range of affordable housing choices which will meet the individual requirements of all those who wish to call Penrith Valley home. Business executives and their families locating in Penrith have a wide choice of quality executive housing as well as acreage properties which suit business lifestyles. New housing developments will offer greater choices to suit all budgets and increasingly integrate opportunities for working from home.

Education (Adult)

Penrith has a strong history in providing quality educational services to both local residents and students from across the region and a growing number of foreign students mainly from Asia. Led by the *University of Western Sydney* (graduate studies and research), the *Western Sydney Institute of TAFE* (workforce skills and vocational training) and the *Nepean Hospital* (Sydney University's teaching and research hospital), it provides a quality learning environment that flexibly meets the needs of both a diverse student body and workers seeking to upgrade or acquire new skills. A full range of vocational courses are also widely available through a number of quality training providers, which are responsive to the changing needs of local industry.

Children's Care and Education

Early childcare facilities, such as long day care, pre-school, family day care and occasional care are available throughout the City. Ninety six childcare centres, 34 of them managed by the Council, will be of great comfort to busy and working families with young children. There are approximately 38 primary schools in Penrith Valley located within easy access of all residential settlements. The number of students attending primary school is more than 8,689.

(For further details on education please see leaflet titled Education and Training.)

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River Mountains Lakes