



Penrith Valley Pulsates Around the Clock

Penrith Valley is aglow at 7.30 on a Wednesday morning with anticipation and excitement. Penrith Showground is the venue of the largest mid-week markets in the region, and bargain-hunters are already picking their way through the staggering array of offerings of around 300 stallholders.

Return to the Showground at 7.30pm most Thursday nights and the anticipation and excitement is still upbeat. Penrith Paceway hosts a busy calendar of harness racing and the dining and licensed club facilities in the impressive Club Paceway add to the popularity of the venue.

Kick on to Panthers World of Entertainment - the largest and most successful licensed club in Australia - and you'll confirm your inklings that Penrith Valley offers a lively lineup of entertainment around the clock.

Penrith Regional Gallery and Lewers Bequest at Emu Plains houses an impressive permanent collection and presents important touring exhibitions.

Penrith can be the tradition and culture of our or other lands. Muru Mittigar Aboriginal Cultural and Education Centre offers an authentic indigenous Australian experience. Visitors can be entertained with a talk on cultural heritage, didgeridoo music, boomerang throwing, dreamtime storytelling, and viewing of work by Aboriginal artists. In stark contrast, learn about the 2000-year-old Japanese tradition of brewing sake at Sun Masamune, Australia's only sake brewery; or about the traditions of the Mt Schoenstatt German Chapel at Mulgoa.

And above all, Penrith Valley is River ... Mountains ... Lakes with its Nepean Belle paddlewheeler cruise and kayak safaris, its dramatic scenery from The Rock and Riley's Mountain Lookouts ... and the whitewater and flatwater action at Penrith's Olympic rowing and canoeing venues.